

VICTORIA RECREATION CLUB



EMERALD BAY, SAI KUNG
DEEPWATER BAY – HONG KONG ISLAND

Newsletter – 15th May 2016

Registration is now open for the 59th Samsung Festival of Sport - VRC Open Water Swim 2016 at VRC Sai Kung on Saturday, 11th June 2016. This open water swimming event is geared towards competent young swimmers aged 7-15 years old. It offers the opportunity and encourages kids to swim in a casual open water race to build confidence and ability. Register: <https://docs.google.com/forms/d/1eTB7GVdFfqshhzmkuadQzGm54CCyrVkm8tpzEfwWr5Y/viewform>

The next VRC Series event is Race 6 and will be held on 4th June and, combined with Race 7 on 3rd July, is part of the 2016 VRC Water man and Water woman mini-series. At each event there will be two races around Middle Island in both OC1 and surf ski to see who are the best paddlers.

The VRC is proud to announce its support of Mark Western's first solo circumnavigation of Hong Kong by sea kayak in aid of The Fred Hollows Foundation. Mark will start and finish his expedition from Deep Water Bay on Saturday 4th June, before the VRC Series above at 9:20am. To follow Mark check out the event website at www.kayak150, to donate www.simplygiving.com/kayak150 and for more about the charity www.hollows.org/hk.

Paddle for the Planet will be a smaller event this year held on 4th June too. Paddle for the Planet T-shirts will be available for sale at both clubs with proceeds going to the charity. Please contact Events if you would like to order one.

The Paddle Section's Outrigging Open Day will be held on Saturday 18th June from 10.30am until 12.30pm followed by a BBQ at Deep Water Bay.

Movie Night at Emerald Bay on Friday 24th June. 'The Sand Pebbles', a movie filmed at Emerald Bay Sai Kung is a 1966 period war film which tells the story of an independent, rebellious US Navy mate aboard a gunboat in 1920s China. The film stars Steve McQueen, Richard Attenborough and Candice Bergen. 'The Sand Pebbles' was a critical and commercial success at its general release. It was nominated for eight Academy Awards and eight Golden Globe Awards, with Attenborough winning the Golden Globe for Best Supporting Actor. See the attached flyer for registration details.

Boathouse rental lockers are now available. The club has a limited number of rental lockers available in the boathouse for members to conveniently store items and belongings. Lockers can be rented for periods of 3 months to 1 year, please ask club staff for details.

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Several members have asked after Heinrich Verheul. The Hon Secretary, Gordon Loch, is pleased to advise that he is now recovering at the China Coast Community in Kowloon Tong, where he is starting to behave and obeying his various therapists! Let's hope he makes a full recovery soon.

BBQ Bookings. Some members are unhappy with the way the very 'simple' booking system can be, and has been abused. In future, if you find that you cannot or do not wish to take up a booking you have made for a BBQ at either clubhouse, please have the courtesy to call up that location and cancel the booking. That way, if there is another member on stand-by, they may wish to avail themselves of the space. After all, it's only courtesy and good membership! We do not wish to have to introduce penalties for no-shows.

Some of you will have noticed that Steven Choi is no longer working for us. For most day-to-day enquiries and services at DWB, please call and ask for either Eric or Sharren to assist you. More detailed requests should continue to be directed to Robert Cook the GM.

Morning Qi Gong sessions complimentary at Deep Water Bay every weekday morning from 7am until 8:30am with resident instructor Mr Lee. All levels welcome to join in.

And finally, congratulations to the Paddle Section for a successful VRC Deep Water Bay Regatta. To view the whole day's events please check out Eric Palis' movie clip here: www.vrcpaddleclub.com/events/media.



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通訊 – 2016 年 5 月 15 日

Samsung 第 59 屆體育節的項目之一 – 6 月 11 日星期六在域多利遊樂會西貢會所舉行的 2016 域多利遊樂會公開水域游泳賽開始接受報名。這個渡海泳主要為 7-15 歲的年輕泳手而設，給予機會和鼓勵孩子在公開水域進行游泳比賽，以建立自信和能力。報名請到：

<https://docs.google.com/forms/d/1eTB7GVdFfqshhzmkuadQzGm54CCyrVkm8tpzEfwWr5Y/viewform>

下一場域多利遊樂會系列賽是 6 月 4 日舉行的第六場賽事，連同在 7 月 3 日舉行的第七場賽事，是 2016 域多利遊樂會 Water man and Water woman 迷你系列賽事的一部份。每一項賽事均設有兩場比賽，以 OC1 和滑浪環繞熨波洲，看看誰是最佳選手。

域多利遊樂會 很榮幸宣布支持 Mark Western 首次以獨木舟在香港進行單獨航行，為「護瞳行動」(Fred Hollows Foundation)籌款。Mark 將於 6 月 4 日上午 9 時 20 分在域多利遊樂會系列賽展開前在深水灣出發，並以此為終點。如欲跟進 Mark 的情況，可瀏覽以下網址：www.kayak150，捐款可到：www.simplygiving.com/kayak150。有關慈善團體的資料，可瀏覽：www.hollows.org/hk。

Paddle for the Planet 也將於 6 月 4 日舉行，規模較以往小。Paddle for the Planet 的 T 恤將於兩個會所發售，收益將用作慈善用途。如欲訂購，請聯絡活動中心。

Paddle Section Outrigging 開放日 將於 6 月 18 日星期六上午 10 時 30 分至下午 12 時 30 分於深水灣舉行，之後會有燒烤派對。

翡翠灣電影之夜 將於 6 月 24 日星期五舉行，將會播出電影《聖保羅炮艇》(The Sand Pebbles)。這套 1966 年的戰爭電影在西貢翡翠灣拍攝，講述 1920 年代一個既獨立又叛逆的美國海軍在一艘前往中國的炮艇上的故事。演員包括史提夫麥昆(Steve McQueen)、李察艾登堡祿(Richard Attenborough)和甘蒂絲柏根(Candice Bergen)。《聖保羅

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炮艇》當年上映時叫好又叫座，更獲八項奧斯卡和八項金球獎提名。李察艾登堡祿憑本片獲金球獎最佳男配角。報名詳情請參閱附上的傳單。

船屋儲物櫃已可供租用。本會的船屋有少量儲物櫃可出租予會員，方便會員儲存用品和財物。儲物櫃租用期為三個月至一年，詳情請向本會職員查詢。

有部份會員詢問 Heinrich Verheul 的情況。榮譽秘書 Gordon Loch 很高興告訴各位，他正在九龍塘的中華海岸老人院(China Coast Community)休養，並開始乖乖聽從治療師的指示!祝他早日康復。

燒烤預約。有部份會員不滿預約系統過於「簡單」，導致經常被濫用。日後大家如果發覺不能或不想使用已預約的會所燒烤設施，請通知會所取消預約。如此這樣，其他正在輪候的會員便可以補上空缺，使用燒烤設施。

畢竟，這只是一種禮貌和良好的會員態度!我們不希望向預訂了但沒有露面的會員實施處罰制度。

大家可能會發現 Steven Choi 已沒有替我們工作。有關一般查詢和深水灣的服務，請致電 Eric 或 Sharren 查詢。

其他更詳盡的查詢可繼續聯絡總經理 Robert Cook。

免費氣功班 星期一至五上午 7 時至 8 時半舉行，由李先生教導。歡迎不同程度人士參加。

最後，恭喜 Paddle Section 成功舉辦域多利遊樂會深水灣帆船賽。有關當日活動的情況，可觀看 Eric Palis 的影片：

www.vrcpaddleclub.com/events/media



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